

For more information, please call Member Services at

1-800-556-0689



It pays to take care of yourself...

You earn Healthy Rewards dollars for taking care of yourself and meeting your health goals. Amida Care works closely with your doctors to review claims on a weekly basis to make sure you receive the incentives you deserve as quickly as possible. Your Healthy Rewards Visa Card can be used anywhere in the United States that accepts Visa, including online merchants. Remember, your rewards are added to your card as you earn them, so **SAVE YOUR CARD!**

Primary Care Physician (PCP) Monitoring Visits

Get \$25* for each of the below services



Primary Care Physician (PCP) Monitoring visit (PCP office visit) between January-June



Primary Care Physician (PCP) Monitoring visit (PCP office visit) between July-December



* Any or all combinations of Healthy Rewards cannot exceed \$125 per member in a twelve (12) month period.

Annual Cancer Screenings

\$20* per screening



MammogramWomen ages 40-69



Colorectal Ages 50-75



CervicalWomen Ages 21+



Anal Ages 21+

Health Screenings and Services

\$15* for each of following services:



Dental Check Up



Dilated Retinal Eye ExamIf diabetic



Case Management Assessment



Hepatitis B VaccineIf indicated



Health Screenings and Services (continued)

\$15* for each of following services:



Pneumonia Vaccine



STD ScreeningSyphilis, gonorrhea, chlamydia, HPV



Hepatitis ScreeningWhen indicated



Cholesterol Screening



Bone Density Screening
For women over 60 years old o

For women over 60 years old or anyone if medically indicated



 Any or all combinations of Healthy Rewards cannot exceed \$125 per member in a twelve (12) month period.

For your children...

Well Care Visits

\$25* per visit - Up to 6 visits per calendar year



Preventive and Scheduled PCP Check Up 0-2 years old

\$65* per year



Preventive and Scheduled PCP Check Up 3-20 years old

Annual Preventive Care

\$25* for each of the following services:



Lead Screening Under 2 years old



Dental Visit 2-20 years old



Adolescent Preventive Care

12-17 years old Assessment, counseling, education on risk behaviors, such as tobacco usage, substance abuse, depression and sexual activity, provided by a PCP.



Pap Test

Ages 18+ or sexually active (under 21 years old)

Important: The child needs to be an active member of Amida Care Live Life Plus to participate in the Healthy Rewards program. * Any or all combinations of Healthy Rewards cannot

exceed \$125 per member in a twelve (12) month period.

Weight and Nutrition

\$35* per year



Annual Weight, Nutrition and Physical Activity Assessment and Counseling

3-17 years old BMI percentile, counseling for nutrition and/or physical activity provided by a PCP.



Immunizations

5 for each of the following immunizations:



For Children Under 2 Years Old Tetanus/diphtheria, whooping cough, chicken pox, flu, polio, measles, mumps, rubella, hepatitis A and B.

Prior to the Child's 13th Birthday Meningitis, tetanus/diphtheria

For a complete list of included immunizations, talk to your PCP or Amida Care Member Services.

\$25* for HPV immunization



9 – 18 Years Old Human papillomavirus vaccine (HPV) - All 3 doses

Well care visits

are preventive and routinely scheduled doctor appointments. They are a very important part of a good health strategy.



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