

Controlling High Blood Pressure (CBP)

Measure Description

Adults ages 18-85 years of age with a diagnosis of hypertension (HTN) whose BP was adequately controlled (<140/90 mm Hg) during the measurement year.

Numerator Compliance

Identify the most recent (Systolic and Diastolic Blood Pressure) reading taken during the measurement year. Exclude BPs taken in an acute inpatient setting or during an ED visit.

NOTE: The BP reading must occur on or after the date of the second diagnosis of hypertension.

Best Practices

- ★ **Document** BP at every visit and retake readings over 140/90.
- ★ **Prescribe** home blood pressure monitoring devices to increase patient involvement in care, consider remote monitoring programs.
- ★ **Schedule** follow-up visits for blood pressure control after diagnosis or medication adjustment.
- ★ **Consider** referral to cardiologist for those whose BP goal cannot be attained, or for complicated patients.
- ★ **Educate** patients about the risks of uncontrolled blood pressure.
- ★ **Reinforce** the importance of medication adherence and encourage patients to report side effects.



Quality Value Set Directory Coding Tips

Systolic Less Than 140

CPT-CAT-II

3074F, 3075F

Systolic Blood Pressure

CPT-CAT-II

3074F, 3075F, 3077F

Systolic Blood Pressure

LOINC

75997-7, 8459-0, 8460-8, 8461-6, 8480-6, 8508-4, 8546-4, 8547-2, 89268-7

Systolic and Diastolic Result

CPT-CAT-II

3074F, 3075F, 3077F, 3078F, 3079F, 3080F

Diastolic Less Than 90

CPT-CAT-II

3078F, 3079F

Diastolic Blood Pressure

CPT-CAT-II

3078F, 3079F, 3080F

Diastolic Blood Pressure

LOINC

75995-1, 8453-3, 8454-1, 8455-8, 8462-4, 8496-2, 8514-2, 8515-9, 89267-9