

Depression Screening and Follow-Up for Adolescents and Adults (DSF-E)

*Electronic Clinical Data Systems (ECDS) Measure

Measure Description

The percentage of patients 12 years of age and older who were screened for clinical depression using a standardized instrument and, if screened positive, received follow-up care.

- **Depression Screening.** The percentage of patients who were screened for clinical depression using a standardized instrument.
- **Follow-up on Positive Screen.** The percentage of patients who received follow-up care within 30 days of a positive depression screen finding.

Numerator Compliance

Numerator 1—Depression Screening

Patients with a documented result for depression screening, using an age-appropriate standardized instrument, performed between January 1 and December 1 of the measurement period.

Numerator 2—Follow-Up on Positive Screen

Patients who received follow-up care on or up to 30 days after the date of the first positive screen (31 total days).

Any of the following on or up to 30 days after the first positive screen:

- An outpatient, telephone, e-visit, or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health condition.
 - A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other behavioral health condition.
 - A behavioral health encounter, including assessment, therapy, collaborative care or medication management.
 - A dispensed antidepressant medication
- OR**
- Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up (i.e., a negative screen) on the same day as a positive screen on a brief screening instrument.

Note: For example, if there is a positive screen resulting from a PHQ-2 score, documentation of a negative finding from a PHQ-9 performed on the same day qualifies as evidence of follow-up.

Quality Value Set Directory Coding Tips

Beck Depression Inventory Fast Screen total score [BDI]

LOINC
89208-3

Beck Depression Inventory II total score [BDI]

LOINC
89209-1

Center for Epidemiologic Studies Depression Scale-Revised total score [CESD-R]

LOINC
89205-9

Final score [DUKE-AD]

LOINC
90853-3

Geriatric depression scale (GDS) short version total

LOINC
48545-8

Geriatric depression scale (GDS) total

LOINC
48544-1

Patient Health Questionnaire 2 item (PHQ-2) total score [Reported]

LOINC
55758-7

Patient Health Questionnaire 9 item (PHQ-9) total score [Reported]

LOINC
44261-6

Patient Health Questionnaire-9: Modified for Teens total score [Reported.PHQ.Teen]

LOINC
89204-2

PROMIS-29 Depression score T-score

LOINC
71965-8

Total Score [CUDOS]

LOINC
90221-3

Total score [M3]

LOINC
71777-7

Total score [EPDS]

LOINC
99046-5

Best Practices

- ★ **Educate** the patient about the importance of follow-up and adherence to treatment recommendations.
- ★ **Discuss** the importance of seeking timely, recommended follow-up visits with a mental health provider.
- ★ **Schedule** follow-up appointments as soon as possible, particularly those patients recently discharged.
- ★ **Coordinate** care with behavioral health practitioners by sharing progress notes and updates.
- ★ **Outreach** patients by an internal team and/or an assigned care/case managers to ensure members keep follow-up appointments or reschedule missed/ canceled appointments as soon as possible.
- ★ **Consider** telemedicine visit when in-person visits are not available.
- ★ **Set** flags if available in EHR or develop tracking method for patients who may need screenings and follow-up visits.