

# **Asthma Medication** Ratio (AMR)

#### **Measure Description**

The percentage of patients 5–64 years of age who were identified as having persistent asthma and had a ratio of controller medications to total asthma medications of 0.50 or greater during the measurement year.

#### Numerator Compliance

The number of patients who have a medication ratio of 0.50 or greater during the measurement year.



## **Best Practices**

Advise patients to incorporate maintenance or controller inhalers daily, provide 90 days script for controller inhalers and limit number of refills for rescue inhalers.



- **Develop** an Asthma Action Plan.
- **Educate** patients on the importance of adhering to medications and reducing asthma triggers.

Reach out to patients to schedule follow-up visits for the condition.

## Asthma Controller Medications

Description Prescriptions Route **Antibody inhibitors** Omalizumab Injection Anti-interleukin-4 Dupilumab Injection Anti-interleukin-5 Benralizumab Injection Anti-interleukin-5 Mepolizumab Injection Anti-interleukin-5 Reslizumab Injection Inhaled steroid combinations Budesonide-formoterol Inhalation Inhaled steroid combinations Fluticasone-salmeterol Inhalation Inhaled steroid combinations Fluticasone-vilanterol Inhalation Inhaled steroid combinations Formoterol-mometasone Inhalation Inhaled corticosteroids Beclomethasone Inhalation Inhaled corticosteroids Budesonide Inhalation Inhaled corticosteroids Ciclesonide Inhalation Inhaled corticosteroids Flunisolide Inhalation Inhaled corticosteroids Fluticasone Inhalation Inhaled corticosteroids Mometasone Inhalation Oral Leukotriene modifiers Montelukast Leukotriene modifiers Zafirlukast Oral Leukotriene modifiers Zileuton Oral Methylxanthines Theophylline Oral

### Asthma Reliever Medications

Description	Prescriptions	Route
Short-acting, inhaled beta-2 agonists	Albuterol	Inhalation
Short-acting, inhaled beta-2 agonists	Levalbuterol	Inhalation