

# Controlling High Blood Pressure (CBP)

## Measure Description

Adults ages 18-85 years of age with a diagnosis of hypertension (HTN) whose BP was adequately controlled (<140/90 mm Hg) during the measurement year.

## Numerator Compliance

Identify the most recent BP (Systolic and Diastolic Blood Pressure) reading taken during the measurement year. Exclude BPs taken in an acute inpatient setting or during an ED visit.

*NOTE: The BP reading must occur on or after the date of the second diagnosis of hypertension.*

## Best Practices

- ★ **Re-take** BP readings that are 140/90 or greater.
- ★ **Consider** referral to cardiologist for those whose BP goal cannot be attained, or for complicated patients.
- ★ **Document** BP readings at every visit.
- ★ **Schedule** follow-up visits for blood pressure control after diagnosis or medication adjustment.



## Quality Value Set Directory Coding Tips

### Systolic Blood Pressure Less Than 130

**CPT-CAT-II**

3074F

### Systolic Greater Than or Equal To 140

**CPT-CAT-II**

3077F

### Diastolic 80-89

**CPT-CAT-II**

3079F

### Diastolic Less Than 80

**CPT-CAT-II**

3078F

### Diastolic Greater Than or Equal To 90

**CPT-CAT-II**

3080F

### Systolic Blood Pressure 130-139

**CPT-CAT-II**

3075F