

# Statin Therapy for Patients with Diabetes (SPD)

## Measure Description

Assesses the percentage of adult patients 40–75 years of age during the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria. Two rates are reported:

- Received Statin Therapy.
- Statin Adherence 80%.

## Numerator Compliance

- Received Statin Therapy: Patients who were dispensed at least one high-intensity or moderate-intensity statin medication during the measurement year.
- Statin Adherence 80%: Patients who remained on a high-intensity or moderate-intensity statin medication for at least 80% of the treatment period.

Treatment period: number of days beginning on the IPSD through the end of the measurement year.  
IPSD: Index prescription start date.



## Best Practices

- ★ **Educate** on the importance of complying with statin therapy during every communication.
- ★ **Simplify** the medication regimen by using once-daily dosing, if possible.
- ★ **Listen** to patients' concerns on side effect. Document any of the following measure exclusions: pregnancy, IVF, estrogen agonists, ESRD, dialysis, cirrhosis, myalgia, myositis, myopathy, or rhabdomyolysis.
- ★ **Arrange** the next appointment for consistent follow-up and monitoring.

## Medication List

Description	Prescriptions	Medications Lists
<b>High-Intensity Statin Therapy</b>	Atorvastatin 40-80 mg	Atorvastatin High Intensity Medications List
	Amlodipine-atorvastatin 40-80mg	Amlodipine Atorvastatin High Intensity Medications List
	Rosuvastatin 20-40mg	Rosuvastatin High Intensity Medications List
	Simvastatin 80mg	Simvastatin High Intensity Medications List
	Ezetimibe-simvastatin 80mg	Ezetimibe Simvastatin High Intensity Medications List
<b>Moderate-Intensity Statin Therapy</b>	Atorvastatin 10-20 mg	Atorvastatin Moderate Intensity Medications List
	Amlodipine-atorvastatin 10-20mg	Amlodipine Atorvastatin Moderate Intensity Medications List
	Rosuvastatin 5-10mg	Rosuvastatin Moderate Intensity Medications List
	Simvastatin 20-40mg	Simvastatin Moderate Intensity Medications List
	Ezetimibe-simvastatin 20-40mg	Ezetimibe Simvastatin Moderate Intensity Medications List
	Pravastatin 40-80mg	Pravastatin Moderate Intensity Medications List
	Lovastatin 40mg	Lovastatin Moderate Intensity Medications List
	Fluvastatin 40-80mg	Fluvastatin Moderate Intensity Medications List
	Pitavastatin 1-4mg	Pitavastatin Moderate Intensity Medications List