



# BE YOURSELF

Find out more about the health plan  
**for individuals.**



Medicaid Health Plan

**1-855-GO-AMIDA**

(1-855-462-6432) TTY 711

[www.AmidaCareNY.org](http://www.AmidaCareNY.org)



If you are looking for a welcoming community that celebrates you for who you are, we invite you to find out more about Amida Care.

# THE HEALTH PLAN FOR INDIVIDUALS.

**AS A MEMBER OF THE AMIDA CARE COMMUNITY,** you can be yourself. We see each member as a whole person, with physical, mental, emotional and social needs. We want to help you improve your health and live your most authentic, best life.

If you qualify for Amida Care's Medicaid Live Life Plus managed care health plan, you can take advantage of a full range of benefits and services, most with no co-payment:

- ★ Comprehensive health coverage, including hospital, labs and prescription medications\*
- ★ Large network of doctors, clinics and hospitals throughout the five boroughs of New York City
- ★ Valuable programs and services, including help with housing and job training
- ★ Behavioral health and substance use treatment
- ★ Member assistance and crisis support day and night, every day of the year
- ★ And much more...

*\*Co-pays may apply for prescription drugs.*



## ARE YOU ELIGIBLE TO JOIN?

**YOU ARE ELIGIBLE** to join Amida Care's Live Life Plus plan if you:

- Qualify for Medicaid Managed Care
- Live in New York City
- Meet at least one of the following criteria:
  - you are living with HIV/AIDS
  - you are homeless (HIV positive or negative)
  - you are a person of transgender experience (HIV positive or negative)

Members can enroll their children, whether or not their children are HIV positive. Newborns of Amida Care members are automatically enrolled (*parents can disenroll them at any time*).

# IS YOUR DOCTOR IN OUR NETWORK?

Amida Care has a large network of top doctors, specialists, hospitals, pharmacies, and other health care providers. We also work closely with primary care doctors who are HIV specialists and understand the specific health care needs of people living with HIV.

It's easy to find out if your doctor is part of the Amida Care provider network:

- Use our Provider Search tool on our website: [www.AmidaCareNY.org](http://www.AmidaCareNY.org)
- Call **1-855-GO-AMIDA** (1-855-462-6432) to speak with a Member Services representative

# WHAT BENEFITS CAN YOU EXPECT?

Our plan is specially designed to provide all the benefits available in regular Medicaid, plus the special care and support you need. We'll pay doctors and hospitals directly. Benefits include inpatient and outpatient medical care, hospital care, lab and radiology services, prescription drugs,\* dental, vision care, and more.

- Medical and preventive care, including doctor visits, annual check-ups, referrals for specialist visits, lab testing and radiology
- Hospital care and emergency room services
- Prescription drug coverage and certain over-the-counter medications\*
- Case management
- Maternity care
- Vision care, including eye exams and eyeglasses
- Dental care
- Durable medical equipment
- Adult day health care
- Personal care services
- Mental health and substance use treatment
- Hormone therapy
- Gender-affirming services and surgeries
- Home health care
- Hospice care
- Help with housing referrals and legal support

*\*Co-pays may apply*



## 5 TOP REASONS TO JOIN THE AMIDA CARE COMMUNITY

1

### **We aren't for everyone.**

If you qualify to become an Amida Care member (see page 4), you will become part of a welcoming community where you are treated like the unique and remarkable individual you are.

2

**You have your own personal champion.**

A care coordinator is assigned to work closely with you to provide personalized and timely assistance. This person is part of your Integrated Care Team, which customizes your care plan. Your care coordinator will make sure you get the care you need, when you need it, and that you understand your medical condition, medications, and services available to you.

3

**We are experts in caring for chronic medical conditions.**

Amida Care Live Life Plus is New York's largest Medicaid Managed Care Special Needs Health Plan (SNP). We are known for the outstanding health coverage and services we provide to people living with chronic conditions, such as HIV/AIDS, behavioral health issues and Hepatitis C.

4

**You receive help accessing housing, job training, and other types of support.**

We know that our members are healthier when they get support that goes beyond doctor's visits and taking pills. That's why we provide assistance with housing referrals, job training, and more. In addition, Amida Care offers free "Live Your Life" wellness events each month in all five boroughs of NYC. These include healthy cooking, yoga, dance, and meditation.

5

**We have strong New York roots.**

Amida Care was founded as a nonprofit health plan in 2003 by six NYC community-based health organizations. These organizations recognized that New Yorkers with complex health issues including HIV need individualized care and attention.



YOU MAY BE ABLE  
TO **ENROLL TODAY.**

**Want to know more? Need help?**

Call us today for confidential assistance at **1-855-GO-AMIDA** (1-855-462-6432), TTY 711

We are happy to answer any questions. You also can attend a **free session** at a convenient location to understand our health plan and how we can best help you.

[www.AmidaCareNY.org](http://www.AmidaCareNY.org)

