## GIST FAQs

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
<th>Resource Guide</th>
</tr>
</thead>
</table>
| What does Amida Care cover?                        | - Amida Care covers medically necessary services and surgeries for the treatment of gender dysphoria.  
- Gender dysphoria is a medical diagnosis; describes the distress when a person’s physical body does not align with their gender identity | Amida Care Clinical Guidelines                                                  |
| What are the coverage requirements?               | Medicaid requires you have 2 letters of support                                                                                      | Letter of Support_ Gender Dysphoria Treatment Provider Guidelines _010320 v2 |
| Do I have to take hormones?                        | If your gender goals include hormones, or they are not contraindicated, there are some hormone requirements.  
- 12 months for bottom (genital) surgery  
- 24 months for trans femme breast augmentation | Amida Care Clinical Guidelines                                                  |
| I am interested in electrolysis                     | Pre-op  
- no letters needed  
- Confirm surgery type and GIST will start referral  
Face or Body  
- 2 letters of support are needed  
- Fax or email to GIST department | Letter of Support_ Gender Dysphoria Treatment Provider Guidelines _010320 v2 |
| I would like to see a gender-affirming surgeon.    | - You can self-refer  
- You need 2 letters of support  
- Bring letters to the surgical consult | GIST Provider Listing                                                          |
| I need help at home after surgery.                 | - You can tell your surgeon you would like homecare services  
- The surgeon will put in for a nurse to come out and do an assessment following your surgery  
- You may also be eligible for short-term rehab after surgery. Talk to you surgeon about your care needs |                                                                                   |
| Can I get help with transportation for surgery?    | - Medicaid pays for medically necessary transportation  
- This usually includes the trip home and sometimes to post op appointments  
- The medical provider needs to set up transportation | MAS_transportation information_111819 v2 315-701-7400 |
| How can I get in touch with GIST?                  | Gender Identity Support Team (GIST)  
Phone: (646) 757-7982  
Email: GIST@amidacareny.org  
Fax: (646) 786-1802 |                                                                                   |
| Can I send you my letters?                         | - Amida Care only accepts letters for electrolysis  
- All other support letters should be given to the providers office  
- Always keep a copy of your letter for yourself |                                                                                   |