

Healthy Cooking

You are cordially invited to an interactive cooking demonstration. Learn to make healthy, affordable, yummy recipes to enjoy year-round!

FREE AND OPEN TO THE PUBLIC

**SATURDAY
JUNE 1, 2019
11 A.M. – 1 P.M.**

1920 Union St. – lower level
Brooklyn, NY 11233

Take #3 train to Sutter Ave.-
Rutland Rd. station. Exit at Rutland
Rd. & East 98th Street, and walk
northeast on East 98th. Turn left
onto Portal Street, then right onto
Union Street. Arrive at destination.

Refreshments and giveaways, while supplies last!



www.AmidacareNY.org



RSVP Required. Please Call:
1.800.556.0689

Or email rsvp@amidacareny.org
(for TTY/TDD services, call TTY 711)



This event was made possible by funding from Brooklyn NYC Council Member Alicka Ampry-Samuel (41st District).