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**Amida Care Presents Community Dance Event in Brooklyn
with Support from NYC Council Member Robert E. Cornegy, Jr.**

*Amida Care Hosts an African Music and Dance Class
to Inspire Fitness and Healthy Living in Brooklyn*

New York, NY (May 26, 2017)—On May 25, with support from Brooklyn Council Member Robert E. Cornegy, Jr., not-for-profit New York community health plan Amida Care presented “African Music and Dance,” a free community “Live Your Life” wellness event at Restoration Plaza in Brooklyn.

With the goal of inspiring fitness and healthy living Brooklyn, this event featured a lively music and dance class designed for all ages. In this interactive workshop led by Raphael Sanders and his dance ensemble, participants learned various forms of African dance.

“Amida Care’s ‘Live Your Life’ program grew out of direct member feedback that health care needs to be about more than visiting the doctor and taking pills. These events are designed to meet the social, physical, and emotional needs of our members and build important life skills. We thank Council Member Cornegy for his support in bringing this interactive, healthy, and fun initiative to the Brooklyn community,” said Doug Wirth, President and CEO of Amida Care.

Amida Care holds monthly Live Your Life wellness events throughout the five boroughs of New York City, where members and their guests learn about ways to get and stay physically, mentally, and spiritually healthy. In addition to fitness classes, the events cover such topics as art therapy, healthy cooking, meditation, aromatherapy, and more.

“The health and fitness of Brooklyn families is one of my top priorities. This African dance and music class demonstrates an easy way and in some cases the traditional method to stay in shape while having fun in the process. I’m thrilled to be working with Amida Care to encourage healthy living in our community,” said Council Member Robert E. Cornegy, Jr.

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Amida Care Inc. is a not-for-profit health plan that specializes in providing comprehensive health coverage and coordinated care to New Yorkers with chronic conditions, including HIV and behavioral health disorders. We have a wide network of top health care providers in the five boroughs of New York City, and we are the largest Medicaid special needs health plan (SNP) in New York State. For more information, visit www.amidacareny.org.