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**Amida Care Presents Community Dance Event in the Bronx
with Support from NYC Council Member Ritchie Torres**

*Amida Care Hosts Latin Dance Workshop “Movement with Rhythm”
to Inspire Fitness and Healthy Living in the Bronx*

New York, NY (March 27, 2017)—On March 25, with support from Bronx Council Member Ritchie Torres, not-for-profit New York community health plan Amida Care presented “Movement with Rhythm,” a free community “Live Your Life” wellness event at Grand Slam Banquet Hall in the Bronx.

With the goal of inspiring fitness and healthy living in the Bronx, this event featured a lively dance class designed for all ages. In this interactive workshop led by the Lorenz dancers, participants learned various forms of Latin dance.

“Amida Care’s ‘Live Your Life’ program grew out of direct member feedback that health care needs to be about more than visiting the doctor and taking pills. These events are designed to meet the social, physical, and emotional needs of our members and build important life skills. We thank Council Member Torres for his support in bringing this interactive, healthy, and fun initiative to the Bronx community,” said Doug Wirth, President and CEO of Amida Care.

Amida Care holds monthly Live Your Life wellness events throughout the five boroughs of New York City, where members and their guests learn about ways to get and stay physically, mentally, and spiritually healthy. In addition to fitness classes, the events cover such topics as art therapy, healthy cooking, meditation, aromatherapy, and more.

“The health and fitness of the Bronx community is vital, and this Latin dance class demonstrates how easy and fun it can be to maintain a healthy lifestyle. I look forward to working with Amida Care to continue to bring events to the Bronx that encourage local families to participate in healthy activities,” said Council Member Ritchie Torres.

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ABOUT Amida Care Inc. is a not-for-profit health plan that specializes in providing comprehensive health coverage and coordinated care to New Yorkers with chronic conditions, including HIV and behavioral health disorders. We have a wide network of top health care providers in the five boroughs of New York City, and we are the largest Medicaid special needs health plan (SNP) in New York State. For more information, visit www.amidacareny.org.