

Why We Have This Guide

This guide has information about insurance coverage for hair transplant to make you look more masculine. It includes information about redo surgeries to fix problems. The guide helps Amida Care members understand:

- What kinds of surgeries and treatments are usually paid for by insurance.
- How to figure out which surgeries or treatments fit your needs.
- How insurance and health care providers decide if something is gender-affirming.
- Steps to take so insurance will pay for treatments.
- When redo surgeries can be covered.

Where Do Rules for Gender-Affirming Procedures Come From?

In 2022, the World Professional Association for Transgender Health (WPATH) updated its rules for transgender healthcare, including surgeries that affirm gender. These updated rules are called “Standards of Care for the Health of Transgender and Gender Diverse People, Version 8” or SOC8 for short. Experts from around the world worked on these rules. They included feedback from the public.

What Letters of Support Do I Need?

Please check out this guide on letters of support [English](#)/[Spanish](#)

What Hair Transplant Choices Are There for Trans Men and Trans-Masculine People?

Hair transplants on the top of the head are *not* covered for trans-masculine people who lose hair from taking testosterone. That’s because this kind of hair loss is normal when using hormones that help create a more masculine body.

But if you are a trans-masculine person who hasn’t grown much facial hair after using testosterone for at least four years—or if you can’t take testosterone for health reasons—Amida Care *does* cover hair transplants to help grow a beard. Before you can get this surgery, you need to use a medicine called minoxidil (by mouth or on the skin) for at least six months. You should keep using minoxidil after the surgery too, because it helps the hair grow better.

Talk to your primary care provider about what you need to do before seeing a hair transplant surgeon. You might need to take some medicines before and after the surgery. If you’re planning other face surgeries to look more masculine, ask your doctor which one should come first. Usually, hair transplants should be done *after* other face surgeries, because those surgeries can change how the hair transplant looks.

What Should I Ask My Surgeon When Thinking About Redo Surgery?

1. How serious is this problem—mild, moderate, or severe?
2. If I need another surgery, will insurance likely cover it? Have I already had as much done as possible before it starts affecting other areas of my hair?
3. If I have another surgery, how likely is it to fully fix the problem?
4. What are the risks of doing another surgery? Could it make things worse or not help at all?

5. Will this surgery fix the problem for good, or might I need more surgeries later?

**Do You Have More Questions? Get In Contact With The
Gender-Identity Support Team (GIST)**

Call 646 - 757 - 7982 or email GIST@AmidaCareNY.Org to contact the Gender-Identity Support Team.