

# The Soul Summit Music Festival\* for *Music, Fun, and Dance*



*Sunday, August 12, 12 - 6 p.m.*

*Fitness Session: 2-3 p.m.,*

**Join Amida Care and fitness instructor  
Nakisha Ross of Always Fit 4 Lyfe for an afternoon of fitness and fun!**

**Fort Greene Park, Brooklyn**

Entrances to the park at Dekalb & S. Portland Avenues; at Washington Park Street  
(Cumberland Avenue) & Dekalb Avenue; or at Myrtle & N. Portland Avenues.

**Train:** Take D to Barclays Center station, #2 or #5 to Nevins Street station, A to Hoyt Schermerhorn station, or B, Q, or R to DeKalb Av station. Walk to destination.

**Bus:** Take B38 to Dekalb Av/S. Portland Ave stop or B54 to Myrtle Av/N. Portland Av stop.

**Always Fit 4 Lyfe offers  
a total body workout  
that strengthens  
MIND, BODY, & SOUL.**



*\*Soul Summit Music Festival: 3-8 p.m.*

***This event is FREE and open to the public. Snacks and giveaways while supplies last!***

This Live Your Life community event  
is made possible with support from  
NYC Council Majority Leader  
Laurie Cumbo (Brooklyn District 35).

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ABOVE AND BEYOND FOR YOU

[www.AmidaCareNY.org](http://www.AmidaCareNY.org)



RSVP Required. Please Call:  
**1.800.556.0689**  
(for TTY/TDD services, call TTY 711)  
Or email [rsvp@amidacareny.org](mailto:rsvp@amidacareny.org)