January 1, 2020 - CFTSS Benefit

LETTER FROM MEDICAID MANAGED CARE PLAN TO MEMBERS



<Date>

<First Name> <Last Name> <Address> <City>, <State>, <Zip>

Dear Amida Care Member,

Starting **January 1, 2020**, Amida Care will cover more Children and Family Treatment and Support Services (CFTSS). These services help children and their families improve their health, well-being, and quality of life.

CFTSS are for children under age 21 with behavioral health needs. These services may be provided at home or in the community. The additional CFTSS services available on January 1, 2020 includes:

Youth Peer Support and Training. This benefit is provided by a credentialed Youth Peer Advocate, or Certified Recovery Peer Advocate with a youth focus who has similar experiences.

Get support and assistance with:

- Developing skills to manage health challenges and be independent.
- Feeling empowered to make decisions
- Making connections to natural supports and resources
- Transitioning to the adult health system when the time is right.

Crisis Intervention. Professional help at home or in the community when a child or youth is distressed and can't be helped by family, friends and other supports. Including support and help with using crisis plans to de-escalate the crisis and prevent or reduce future crises.



These services may already be covered by Amida Care for certain eligible children under age 21. If you are getting these services now, your care will not change.

We updated your member handbook to add these benefits. This update is on our website at: www.amidacareny.org

Amida Care is here for you

Please call member services at 1-800-556-0689, for TTY/TDD services, call TTY 711, if you:

- have any questions about this letter;
- cannot access our website to see the update; or
- want the member handbook update mailed to you

Sincerely,

Amida Care Member Services Department