A Guide to Transgender Resources and Services

IN NEW YORK CITY
Transgender people are a vibrant part of the New York City community. The resources offered in this guide are designed to help you locate services and assistance that enhance your health and well-being. Reach out for help – because you deserve to be your best self!

Amida Care, the largest Special Needs Health Plan in New York serving Medicaid members throughout New York City, is now open to all transgender individuals who qualify, regardless of HIV status. We are expert at helping our more than 400 transgender members access respectful, high-quality, culturally competent care, including gender-affirming services, hormone therapy, HIV prevention and treatment (including PrEP and PEP), and supportive services such as housing referrals and employment programs.
If you have HIV, get treatment. Starting treatment right away protects your body from damage. Taking HIV medications daily can eventually make your HIV viral load “undetectable,” which will improve your health and make it nearly impossible to transmit HIV to sexual partners.

Are you transitioning with the use of hormones? Tell your doctor so you get the right care. Transition at your own pace, with the help of a doctor or nurse and a support group. If taking hormones, be patient. Taking extra hormones can be harmful and won’t speed up your transition.

Avoid injecting silicone. Silicone can cause scarring or even death. Tell your doctor if you are injecting silicone.

If you do inject silicone or hormones, use a clean needle EVERY TIME! Sharing vials of hormones or syringes can expose you to HIV, hepatitis B, or hepatitis C.

Stay Safe! Need help with relationship issues, including physical, sexual, or emotional abuse?

- The Anti-Violence Project
  www.avp.org
  Manhattan: 212-714-1184
  Hotline: 212-714-1141
KNOW YOUR RIGHTS.

Know your health care rights. In New York, you can get HIV medications without insurance and regardless of immigration status. Health insurance covers doctor-recommended treatments, including hormone therapy and gender-affirming surgeries and care.

- New York Transgender Advocacy Group
  www.nytag.org/programming/
  212-614-0023 x 115

For employment issues, including help with job application processes for those formerly incarcerated:

- New York Legal Assistance Group
  www.nylag.org
  Manhattan: 212-613-5000

- Sylvia Rivera Law Project
  www.slrp.org
  Manhattan: 212-337-8550

- Transgender Legal Defense and Education Fund
  www.transgenderlegal.org
  Manhattan: 646-862-9396

Under NYC’s Fair Chance law (AKA “Ban the Box”), employers are not permitted to ask whether you have been convicted of a crime until AFTER you receive a conditional job offer.

To change a “gender marker” on an NYC birth certificate (surgery not required): Call 311 or visit www.nyc.gov and search for “Change Birth Certificate.”
RESOURCES FOR YOU.

GENDER-AFFIRMING MEDICAL CARE

APICHA Community Health Center
www.apicha.org
Manhattan: 212-334-6029

Beth Israel Medical Center – LGBT Health Services
www.wehealny.org/services/LGBT_Health_Services/index.html
Manhattan: 212-604-1800

Callen-Lorde Community Health Center
www.callen-lorde.org
Bronx: 718-215-1800
Manhattan: 212-271-7200

Community Healthcare Network
www.chnnyc.org/services/transgender-lgbt
Bronx: 718-320-6765
Manhattan: 646-276-3383
Queens: 718-883-8635

Housing Works
www.housingworks.org
Brooklyn: 718-277-0386
Manhattan: 212-677-7999

Mount Sinai – Center for Transgender Medicine and Surgery
www.mountsinai.org/patient-care/service-areas/center-for-transgender-medicine-and-surgery
Manhattan: 212-604-1730

Planned Parenthood of New York City Transgender Hormone Therapy
www.plannedparenthood.org
Manhattan: 212-965-7000

The Oval Center
www.montefiore.org/ovalcenter
Bronx: 718-882-5482

COMMUNITY SUPPORT

The Anti-Violence Project
www.avp.org
Manhattan: 212-714-1184
Hotline: 212-714-1141

Audre Lorde Project
www.alp.org
Manhattan: 212-463-0342
Brooklyn: 718-596-0342

Brooklyn Community Pride Center
www.lgbtbrooklyn.org
Brooklyn: 347-889-7719

The LGBT Center
www.gaycenter.org
Manhattan: 212-620-7310

Pride Center of Staten Island
www.pridecentersi.org
Staten Island: 718-808-1360

Queens Community House
www.queenscommunityhouse.org
Queens: 718-592-5757

Queens Pride House
www.queenspridehouse.org
Queens: 718-429-5309

The Transgender Guide
www.tgguide.com

Translatinx Network
www.translatinanetwork.org
347-728-0114
MORE COMMUNITY SUPPORT

El Colectivo Intercultural TRANSgrediendo
TRANSgrediendo@outlook.com
Jackson Heights: 917-601-6047 and 646-639-6802

Destination Tomorrow:
The BRONX LGBT Center
www.destinationtomorrow.org
Bronx: (646) 723-3325

HOTLINES

The Anti-Violence Project
www.avp.org
Manhattan: 212-714-1184
Hotline: 212-714-1141

LGBT National Help Center
www.glbthotline.org
1-888-843-4564

Trans Lifeline
1-877-565-8860

LEGAL

Lambda Legal
www.lambdalegal.org
Manhattan: 212-809-8585

LGBT Bar Association of Greater New York
www.le-gal.org
Manhattan: 212-353-9118

LGBTQ Immigration Equality
www.immigrationequality.org
Manhattan: 212-714-2904

New York City Commission on Human Rights
NYC: 311 or 718-722-3131.

Peter Cicchino Youth Project, Urban Justice Center
www.pcyp.urbanjustice.org
Manhattan: 877.542.8529

Sylvia Rivera Law Project
www.srlp.org
Manhattan: 212-337-8550

Transgender Legal Defense and Education Fund
www.transgenderlegal.org
Manhattan: 646-862-9396

THERAPY/MENTAL HEALTH

Rainbow Heights Club
www.rainbowheights.org
Brooklyn: 718-852-2584

Identity House
www.identityhouse.org
Manhattan: 212-243-8181

HOUSING SERVICES/SHELTERS

Ali Forney Center (Youth)
www.aliforneycenter.org
Manhattan: 212-206-0574

Coalition for the Homeless
www.coalitionforthehomeless.org
Manhattan: 212-776-2000

Housing Works
www.housingworks.org
Brooklyn, Manhattan and Staten Island: 347-473-7400

Princess Janae Place
www.princessjanaeplace.org
Bronx: 718-684-1688

Trinity Place Shelter
www.trinityplaceshelter.org
Manhattan: 646-580-7045

FIND A HEALTHCARE PROVIDER

Lighthouse
www.lighthouse.lgbt/
YOUTH

The Ackerman Institute’s
Gender & Family Project
www.ackerman.org/gfp
Manhattan: 212-879-4900 x150

Brooklyn Community Pride Center:
Brooklyn Youth United
www.lgbtbrooklyn.org/youth
Brooklyn: 347-889-7719

Day One
www.dayoneny.org
Main: 212-566-8120
Helpline: 1-800-214-4150

The Door
www.door.org/programs-services/lgbtq
Manhattan: 212-941-9090

Hetrick-Martin Institute
www.hmi.org
Manhattan: 212-674-2400

The Trevor Helpline
www.thetrevorproject.org
Hotline: 866-488-7386

Youth Talkline
1-800-246-PRIDE (1-800-246-7743)

We hope that the resources in this guide will help you locate services and assistance that enhance your health and well-being. The information in this guide will be updated regularly and was verified at the time of printing. We welcome new and updated resources.

For more copies of this guide or to provide information, please contact us:

1-855-GO-AMIDA (1-855-462-6432) (TTY 711) or
member-services@amidacareny.org.
Amida Care is not for everyone. If you are looking for a welcoming community that celebrates you for who you are, we invite you to find out more about us.

⭐ Comprehensive health coverage, including transgender care

⭐ Large network of doctors, clinics, hospitals, and pharmacies throughout New York City

⭐ Expertise in chronic medical conditions

⭐ Help with housing referrals, job training, and other support programs

Amida Care Medicaid Health Plan

Call us for confidential answers: 1-855-GO-AMIDA (1-855-462-6432), TTY 711 www.AmidaCareNY.org