## GIST FAQs

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| What does Amida Care cover?                                             | − Amida Care covers medically necessary services and surgeries for the treatment of gender dysphoria.  
− Gender dysphoria is a medical diagnosis; describes the distress when a person’s physical body does not align with their gender identity                                                                 | Amida Care Clinical Guidelines                                                                                                      |
| What are the coverage requirements?                                     | Medicaid requires you have 2 letters of support and clinical documentation from your surgeon/provider                                                                                                   | Letter of Support_ Gender Dysphoria Treatment Provider Guidelines _010320 v2 |
| Do I have to take hormones?                                             | If your gender goals include hormones, or they are not contraindicated, there are some hormone requirements.  
− 12 months for bottom (genital) surgery  
− 24 months for trans femme breast augmentation                                                                                      | Amida Care Clinical Guidelines                                                                                                      |
| I am interested in electrolysis                                         | Face, Body, or Pre-op  
− 2 letters of support are needed  
− Fax or email to GIST department  
− Each individual letter can request any combination of the three.                                                                        | Letter of Support_ Gender Dysphoria Treatment Provider Guidelines _010320 v2 |
| I would like to see a gender-affirming surgeon.                         | − You can self-refer  
− You need 2 letters of support  
− Bring letters to the surgical consult                                                                                               | GIST Provider Listing                                                                                                               |
| I need post-surgical care.                                             | − You can tell your surgeon you would like home care or short-term rehab services  
− If the surgeon feels home care is required, they will submit a request for a nurse to come out and do an assessment following your surgery  
− You may also be eligible for short-term inpatient rehab after surgery. Talk to you surgeon about your care needs                                                                 |                                                                                   |
| Can I get help with transportation for surgery?                        | − Medicaid pays for medically necessary transportation  
− This usually includes the trip home and sometimes to post op appointments  
− Medical transportation is set up by the medical provider, not by Amida Care directly                                                                 | MAS_transportation information_111819 v2  
315-701-7400                                                                                                                     |
| How can I get in touch with GIST?                                      | Gender Identity Support Team (GIST)  
Phone: (646) 757-7982  
Email: GIST@amidacareny.org  
Fax: (646) 786-1802                                                                                                               |                                                                                   |
| Can I send you my letters?                                             | − Amida Care only accepts letters for electrolysis  
− All other support letters should be given to the provider’s office  
− Always keep a copy of your letter for yourself                                                                                   |                                                                                   |