

GIST FAQs

Question	Answer	Resource Guide
What does Amida Care cover?	<ul style="list-style-type: none"> – Amida Care covers medically necessary services and surgeries for the treatment of gender dysphoria. – Gender dysphoria is a medical diagnosis; describes the distress when a person’s physical body does not align with their gender identity 	Amida Care Clinical Guidelines
What are the coverage requirements?	Medicaid requires you have 2 letters of support and clinical documentation from your surgeon/provider	<i>Letter of Support_ Gender Dysphoria Treatment Provider Guidelines_010320 v2</i>
Do I have to take hormones?	<p>If your gender goals include hormones, or they are not contraindicated, there are some hormone requirements.</p> <ul style="list-style-type: none"> – 12 months for bottom (genital) surgery – 24 months for trans femme breast augmentation 	Amida Care Clinical Guidelines
I am interested in electrolysis	<p>Face, Body, or Pre-op</p> <ul style="list-style-type: none"> – 2 letters of support are needed – Fax or email to GIST department – Each individual letter can request any combination of the three. 	<i>Letter of Support_ Gender Dysphoria Treatment Provider Guidelines_010320 v2</i>
I would like to see a gender-affirming surgeon.	<ul style="list-style-type: none"> – You can self-refer – You need 2 letters of support – Bring letters to the surgical consult 	<i>GIST Provider Listing</i>
I need help at home after surgery.	<ul style="list-style-type: none"> – You can tell your surgeon you would like homecare services – If the surgeon feels this is required, they will submit a request for a nurse to come out and do an assessment following your surgery – You may also be eligible for short-term rehab after surgery. Talk to you surgeon about your care needs 	
Can I get help with transportation for surgery?	<ul style="list-style-type: none"> – Medicaid pays for medically necessary transportation – This usually includes the trip home and sometimes to post op appointments – The medical provider needs to set up transportation 	MAS_transportation information_111819 v2 315-701-7400
How can I get in touch with GIST?	Gender Identity Support Team (GIST) Phone: (646) 757-7982 Email: GIST@amidacareny.org Fax: (646) 786-1802	
Can I send you my letters?	<ul style="list-style-type: none"> – Amida Care only accepts letters for electrolysis – All other support letters should be given to the provider’s office – Always keep a copy of your letter for yourself 	