

# MEMBER NEWS

June 19, 2020 • Amida Care's latest information for you



## LGBTQ Pride IN THE TIME OF CORONAVIRUS

The COVID-19 pandemic has transformed how our members and fellow New Yorkers observe LGBTQ Pride this year, with special events like NYC's legendary Pride March being moved online. To keep everyone safe and socially distanced, Amida Care members are invited to enjoy these virtual **LGBTQ Pride Month 2020** festivities in June:

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- a digital **Pride 2020 Drag Fest** ([www.nycpride.org](http://www.nycpride.org)), hosted by NYC Pride organizers, on **June 19-21** from **6:30 to 8 p.m.**;
- a **Global Pride** event (<https://www.facebook.com/globalpride2020/>) on **Saturday, June 27**, with LGBTQ activists from around the world;

- a celebrity-rich, online version of the iconic **NYC Pride** celebration on Sunday, June 28, featuring singer Janelle Monae and "Pose" star Billy Porter. WABC Channel 7 is broadcasting this event from noon to 2 p.m. and streaming it on ABC News Live at <https://abc7ny.com/>

And don't miss Amida Care's latest community magazine, Health, Advocacy, Care, being published on our website at [www.tinyurl.com/AC-SummerMagazine2020](http://www.tinyurl.com/AC-SummerMagazine2020) during LGBTQ Pride Month. This new publication highlights our organization's advocacy, as we help members and communities improve their health by getting access to care, so they can live their best, most authentic lives.

We wish everyone a safe and joyful **Pride Month!** For more details on how Amida Care is marking LGBTQ Pride Month 2020, go to: [www.tinyurl.com/AC-CelebratingPride2020](http://www.tinyurl.com/AC-CelebratingPride2020)

# Enjoy **Live Your Life** Events Via **ZOOM** and **YouTube**



Large gatherings have been scaled back to keep New Yorkers safe and socially distanced during the coronavirus pandemic -- but you can still join Amida Care's **Live Your Life** special events, thanks to **ZOOM** and **YouTube**.

These events include live sessions and videos uploaded to YouTube videos, with activities like yoga, skincare, and how to prepare a healthy meal. Be on the lookout for our text messages with detailed login information.

## Coming soon:

- a **Juneteenth Afro-Fusion Dance Session** on June 19th from noon to 1:30 p.m. This live celebration is open to the entire community, with support from NYC Council Majority Leader Laurie A. Cumbo (35th District, Brooklyn), and
- a **Live Karaoke Event** on June 24th at 3 p.m. with DJ Castello..