

Healthy Drinks

MAKE YOUR OWN
TASTY BEVERAGES
WITH AMIDA CARE!

Manhattan

Wednesday
May 15, 2019
3–5 p.m.

Harlem United
123-125 W. 124th St.
New York, NY 10027

Train: Take A, C, 2, or 3 trains
to 125th Street station.
Walk to destination.

Bronx

Thursday
May 16, 2019
3–5 p.m.

Brightpoint Health
Inwood
1545 Inwood Ave.
Bronx, NY 10452

Train: Take #4 train to
Mt. Eden Avenue station.
Walk two blocks to
1545 Inwood Ave..

Brooklyn

Tuesday
May 28, 2019
3–5 p.m.

Brightpoint Health
Sterling
803 Sterling Place
Brooklyn, NY 11216

Train: Take #3 train to
Nostrand Avenue station and
walk toward Eastern Parkway.
Turn left onto Sterling Place
and arrive at destination.

Manhattan 2

Thursday
May 30, 2019
3–5 p.m.

St. Mary's ADHC
512 West 126th St.
New York, NY 10027

Train: Take A, C, or #1 trains
to 125th Street station.
Walk to destination.



FEATURING: NUTRITIONIST KERI WATKINS-WEBB

Members may bring a guest. Gift bags, great food, and MetroCards are available. Snacks and giveaways, while supplies last!



www.AmidacareNY.org



RSVP Required. Please Call:
1.800.556.0689

Or email rsvp@amidacareny.org
(for TTY/TDD services, call TTY 711)

Stop by our
RHIO CORNER!
Exciting new way
to enhance your
healthcare experience!
Sign-up is available
at the event!