

Member Newsletter: Winter 2024



Show Off That Smile: Updates to Your Dental Benefit

Take care of your teeth so you can show off that smile! Be sure to see a dental specialist to check the health of your teeth and mouth. By now you should have received a new Dental Benefit ID card from HealthPlex. If you haven't received it or need to replace it, please call 1-866-795-6493. For more information about your dental coverage, visit **yourdentalplan.com/Healthplex** or call 1-866-795-6493.

Don't Lose Your Medicaid Coverage!

Have you renewed your Medicaid health insurance yet? **If you don't renew, you will lose coverage, and you may be prevented from getting medical services, including medication.**

You may have already gotten your Medicaid renewal notice in the mail from NY State of Health (Marketplace) or Human Resources Administrative (HRA). **If you haven't, make sure that your contact information is updated, so you don't miss this important letter.**

To update your contact information, call NY State of Health at 1-855-355-5777 (TTY: 1-800-662-1220) or log into your account at **nystateofhealth.ny.gov**.

If you enrolled in Medicaid through Human Resources Administration (HRA), you can call the HRA Medicaid Helpline at 888-692-6116 or log into your account at ACCESS HRA.



Alert! Scammers are contacting Medicaid recipients asking for payment to renew their insurance. Don't send any money; it is a con! There is no cost to renew your Medicaid.

If you have questions or need help renewing your Medicaid, call Amida Care at 1-800-556-0689, TTY 711. We are here to help.



Practicing Self-Care This Season

Did you know that HIV viral loads tend to be higher during winter months when we're also dealing with seasonal illnesses like colds and the flu? Take good care of your health by getting the latest flu and COVID-19 vaccines (if you haven't already), staying hydrated, eating well, getting plenty of rest--and if you're living with HIV, don't forget to take your HIV meds! HIV medication is an important part of your overall wellness routine. For more wellness ideas, check out our Live Your Life videos: https://www.youtube.com/@AmidaCare

Report Fraud, Waste, or Abuse

If you suspect any cases of fraud, waste, or abuse that involve your care, please call the **Amida Care Compliance Hotline at 888-394-2285** When you call the free botline you

394-2285. When you call the free hotline, you can leave your name and number OR you can

remain anonymous. You can also email compliance@amidacareny. org or write to us at **Amida Care, Attn: Compliance Department, 14 Penn Plaza, 2nd floor, NY, NY 10122.**

www.AmidaCareNY.org

Member Services: 1.800.556.0689 / TTY 711

Amida Care complies with Federal civil rights laws. Amida Care does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-556-0689, TTY 711.

注意:如果您使用繁體中 文,您可以免費獲得語言援助服務。請 致電 1-800-556-0689, TTY 711.



